



OCSC Weather Policy

Oregon City Soccer Club requires that coaches always consider the effects of the weather on the safety and health of their players. It is critical that coaches, whether during a game or during practice remain cognizant of efforts they should take to mitigate the effects on the players.

Heat: Heat causes players to become dehydrated and sunburned. Coaches should supervise that their players have sufficient intake of water and that additional water be available as the temperature increases. Temperatures could reach a point where safety cannot be assured in which case activity should stop. If there is a heat related emergency, emergency medical response should be activated immediately, and first aid applied. Coaches also need to monitor that their players are wearing protective sunscreen to prevent sunburn. Clothing, hats and shading should be considered as components to sun protection efforts. The Board will implement measures to secure the financial information from members from unauthorized access to a standard that is accepted throughout the industry.

Cold: Coaches must monitor dropping temperatures to ensure that cold injuries are not incurred. Especially when exercising players come off the field for a break or end of session, proper transition to clothing to protect the player should be ensured. Teams playing during the winter should ensure that all players have hats, gloves, and other equipment so that they can stay warm as needed.

Lightening: If lighting is seen or thunder is heard, play must be immediately suspended. Participants and spectators should immediately move to a safe location, in a substantial building or a hard-topped metal vehicle. Wait 30 minutes after last seen lightning or hearing thunder to continue to the match. The team coaches and Referee should call the gameday hotline to inform the league and given further information on procedures to continue or cancellation of the game.

Severe Rain: Heavy rain over a long period of time can cause water-logged fields, which if played upon could damage fields beyond repair. In some cases, OCSC may cancel practices to preserve the integrity of the fields and for the safety of our players.

Other Fields: OCSC does not own usage rights to all fields in the area and may not control the fields. In some instances, fields owned by the school district, city or parks and recreation may be closed without OCSC's knowledge. Please respect the closure of those fields and do not play/practice when instructed.

The President or Vice President will notify coaches and membership by 3p.m. the day of if practices or games are cancelled by email and social media.